

Fresh Perspective

The Stain Expert
Extreme Steamers

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How Dangerous is Mould in Your Home?

Everyone wants the safest, healthiest home environment for their families. You would do anything to protect your loved ones from exposure to any substance that could cause them harm.

One of those feared substances is “mould” and with what you have seen in the news in recent years, exposure to harmful or “toxic” mould has affected the health of countless people — folks just like you.

This brings up the all-important question: Just exactly how dangerous is mould in homes?

That’s a tricky question, because there are many types of mould and mould is virtually everywhere. There is probably a little bit in your basement right now. Your shoes when you came home yesterday no doubt brought in a few mould spores. Mould spores can be in breathable space and travel in the air.

When you step outside, you are surrounded by mould. There’s nothing you can do about that. The main concern is usually what’s in the home, not outside, although if you are sensitive to mould you should avoid all damp areas that could promote mould growth, inside and out.

Some people are affected by even the smallest amounts of mould. They may have nasal issues, watery eyes, coughing and other physical reactions. A smaller segment of the population are very sensitive to exposure to mould, having severe reactions that can be life threatening. Others aren’t affected at all, and can be around and/or exposure to all types of moulds with no apparent sensitivities. The issue is twofold if mould is growing in your home. You must clean it up or have it cleaned up, and fix the moisture problem.

“You can do your research on how to fix the problem, but the best solution is, no doubt, getting expert advice from your professional water damage restoration contractor or mould removal or remediation company. Keep your family safe. Call the Stain Expert.”



SAFETY TIPS PREVENT HOME FIRES - GENERAL PRECAUTIONS

- Avoid using lighted candles.
- Never use the range or oven to heat your home.
- Replace mattresses made before the 2007 Federal Mattress Flammability Standard. Mattresses made since then are required by law to be safer.
- Keep combustible and flammable liquids away from heat sources.
- Portable generators should NEVER be used indoors and should only be refueled outdoors or in well ventilated areas.